

## QUICK LOOK

- Current ALWG Cadet Membership - 257
- Total Active Cadet Units - 14
- FEB 9 - CAC
- FEB 16 - Cadet Comp
- FEB 22-24 - FTX
- MARCH 7-9 - PD Weekend
- MARCH 28-30 - FTX
- APRIL 25-27 - SER Cadet Comp
- APRIL 25-27 - FTX
- MAY 10—CAC
- JUNE 14-21—Encampment

## INSIDE THIS ISSUE:

Cadet Staff Handbook	2
CP Resource Guide	2
CAC	2
Aviation Challenge	3
PD Weekend	3
Spaatz Recipient	3
From the Director	4

# Cadet Program Quarterly

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## Mississippi Team Takes Iron Man II!

**Auburn, AL** - Cadets from the Mississippi and Alabama Wings met in Auburn, AL on November 17th for a grueling, day-long competition testing physical prowess, aerospace knowledge, and leadership skills.

This year, five teams squared off at Auburn University for the honor of being names CAP's toughest squadron in the second annual competition representing some of the toughest challenges CAP cadets face.

The cadets competed in 5 events; A "Super" PFT, Uniform Inspection, Navigation and Direction Finding Course, Tank, and the "Iron Man Run". The run, making up the events finale consisted of a grueling three-mile course punctuated with stops for

objective tasks.

The event's overall winner was the Mississippi Wing's Col. Berta A. Edge Composite Squadron. Runners-up came from the Alabama Wing - The Autauga-Elmore Cadet Squadron and a composite team of members from the Bessemer and Chilton County Squadrons.

The Autauga Elmore Squadron also placed first in the Super PFT, Inspection, and Tank events. The Nav and DF event was won by the Bessemer-Chilton team. The Iron Man Run was won by the Col. Berta A. Edge Composite Squadron.

It's not too early to start training with an eye towards next years competition. In fact, you should begin preparation NOW to bring

the trophy back to Alabama. Information on next years competition should be available by the Summer. When it is available, you'll hear about it here. Same Iron Man time, Same Iron Man Channel.

*(Portions of this article are from press release by SM Jonathan Lartigue, PA Officer for AL-113. Photo Credit: SM Jonathan Lartigue)*



## Wing Cadet Competition Upcoming

**Maxwell AFB, AL** - Eight Squadrons will go head to head on February 16th to earn the right to represent the Alabama Wing in the Color Guard portion of the Southeast Region Cadet competition.

Teams will compete in several

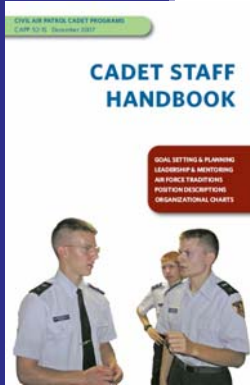
events that will determine who can best represent the Alabama Wing. Events will consist of In-Ranks Inspection, Standard Drill, Indoor Practical Drill, Outdoor Practical Drill, Written Examination, Panel Quiz and Mile run.

The Drill Team portion of the

competition will not be held this year. Begin training your Drill team NOW to prepare for next years competition.

The Southeast Region Cadet Competition will be held April 25-27 2008 at Patrick AFB in Cocoa Beach, Florida.

# Cadet Staff Handbook



CAPP 52-15, Cadet Staff Handbook

*“CAP is providing cadets and leaders with more helpful resources than ever before.”*



**Maxwell AFB, AL** - Civil Air Patrol National Headquarters has recently introduced several new publications for members within the cadet program intended to help those members more effectively execute their duties. The newest of these, a handbook for Cadet Staff members was released in December 2007.

CAPP 52-15, as is its official designation, is designed to be a resource for cadets and the senior members who guide

them,

What is the role of the cadet staff? How do senior members manage the staff program. This handbook is designed to give you a place to look for answers to those questions. It will give you pointers for designing a cadet staff to the right size and functions for your unit, how to select cadets to fill staff positions, and how to make their service as a staff member a learning experience.

The handbook will also in-

clude practical tools for cadets, detailed staff job descriptions, resources for conducting uniform inspections, and more.

Please take a look at this new resource as soon as you can. We all know that cadets learn by leading. Use this handbook to help them get their most out of their leadership experience.

## Cadet Programs Resource Guide

**Maxwell AFB, AL** - Sometimes, those that help implement the CAP Cadet program at the local level may find it challenging to keep up with every aspect of an increasingly complex cadet program. Both brand new members and CAP veterans alike can easily get caught up and left behind the times as programs, regulations, and other resources come and

go.

What you may not realize is that CAP is providing cadets and leaders with more helpful resources than ever before. To help keep track of this, National Headquarters has released the Cadet Programs Resource Guide, accessible from [www.cap.gov/cadets](http://www.cap.gov/cadets)

In the guide you will find out where to go to look for things

such as the newly released Cadet Staff Handbook, Lesson Plans and Training Resources, Drill and Ceremonies Resources, Character Development resources and then some.

If you have any questions on where to find a resource, this is a good place to start. Check it out!

## Cadet Advisory Council

Maxwell AFB, AL - The Alabama Wing Cadet Advisory Council re-convened in November for the 2007-08 CAC term. During the meeting, officers for the 2007-08 term were elected. Cadet Stephanie Petelos, of the Bessemer Squadron, was elected as the CAC Chairperson and will

represent the ALWG on the Southeast Region CAC. Cadet Morgan Bennett, of the Pell City Squadron, was elected as Vice Chairperson, and Cadet Alex Bufford, of the Auburn Squadron, was elected to serve as the Council's Recorder.

The next meeting is right around the corner. It should

turn out to be a productive one, as the CAC has been assigned several issues to tackle.

All primary representatives should make plans to attend. The meeting is open to all CAP members who wish to attend and have their voice heard.

# The ALWG Visits Aviation Challenge



**Huntsville, AL -** On February 1st, 15 Alabama Wing Cadets representing 10 different squadrons arrived at the US Space and Rocket Center to take part in a 3 day "Pathfinder" program that allowed

them to sample much of what Space Camp's Aviation Challenge program had to offer..

Over the course of the weekend, the cadets were briefed on aerospace fundamentals, aircraft history, and survival tips. They spent hours honing their skills on flight simulators, first learning basics and then moving on to participating in attack missions. One of the highlights of the trip was the opportunity to step into the facilities centrifuge. In the centrifuge, the brave souls willing to try were submitted to forces

up to 3 G's.

At the graduation ceremony on Sunday morning, awards were handed out, with Cadet Josh Pearson from the Bessemer Squadron earning the weekend's "Distinguished Graduate" award. Photos from this activity will be included in the next issue.



*"The Alabama Wing will host it's annual professional development weekend from March 7th-9th"*

## Professional Development Weekend

**Maxwell AFB, AL -** The Alabama Wing will host it's annual professional development weekend from March 7th-9th. Along with the schools offered for senior members, there will be several cadet oriented schools.

The Airman Leadership School is designed for cadets holding the grade of Cadet Airman Basic through Cadet Senior Airman. This school will reinforce the fundamen-

tals of the CAP Cadet Program helping these cadets jump-start their CAP experience.

The Cadet Non-Commissioned Officer School is designed for cadets holding the grade of Cadet Senior Airman through Cadet Chief Master Sergeant. This school will help build the fundamentals of NCO leadership and dive past the surface of some of the cadet texts into study of leadership theory.

Training Leaders of Cadets (TLC) will be offered to adults wishing to learn more about the organization and implementation of the cadet program. This will be especially helpful to those new to positions of responsibility with the cadet program.

Online registration for these courses is open on the Alabama Wing Website.

## Alabama Wing Spaatz Recipient

**Bessemer, AL -** Erinn Scott returned home to Alabama over the Christmas Holidays and in addition to visiting with family and friends, completed the requirements to earn the General Carl A. Spaatz Award.

The Spaatz award is the highest award an individual can attain in the cadet program. It is said that only 2

cadets per 1,000 ever earn this award. Just over 1,500 cadets have earned this award since it's inception in 1964. It has been over 10 years since an Alabama Wing Cadet has earned it.

Cadet Scott is a Sophomore at the United States Air Force Academy in Colorado. She graduated with honors from Hoover High

School. She is the daughter of Tim and Pam Scott of Hoover, AL.

*Portions of this article from ALWG Newsletter article written by Maj. Patricia Mitcham, ALWG Public Affairs Officer.*



**C/Col. Erinn Scott**

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About Us

**Cadet Program Quarterly is a publication of Alabama Wing Cadet Programs. Our mission is to build a strong cadet corps, equip that corps with superior staff and resources, and provide quality development to subordinate units. Please contact us for questions, concerns or suggestions.**

On the Web!  
[www.alwg.cap.gov](http://www.alwg.cap.gov)

## From the Director's Desk

Capt. Justin Smith

ALWG/DCP



My apologies for the late publication of this newsletter. It's been an eventful past few months to say the least and we don't plan to slow things down anytime soon. So hold on - it's going to be a wild ride from here until Encampment.

First off, allow me to get some heartfelt "Thank you's" out to some deserving folks.

To Capt. Chris Tate and the Auburn Squadron - Iron Man 2007 was an absolute blast. You outdid yourselves this year and I look forward to next year. Hopefully by next year those that didn't participate will realize what they're missing and get in on the fun.

To the Bessemer Squadron - Thank you for allowing us to be among the first to use your new

building so we could conduct the ALWG Color Guard Clinic. This event was a bigger success than I think anyone ever imagined it would be. C/LtCol. Stephanie Petelos was clutch in making this activity happen, as she organized, directed, and recruited staff for this event.

Congratulations to the Mississippi Wing for their Iron Man II victory. We'll look forward to seeing ya'll back to defend your title next year.

Congratulations to Erinn Scott on earning the Spaatz Award. We have several cadets waiting in the wings close to this and I hope your completion of this motivates them to do the same.

We had a lot of fun at Space Camp last weekend. Over the next several months we have CAC meetings, Drill

Competitions, PD weekends, and Encampment preparation to keep us busy. I hope everyone is making plans right now to attend these events. I can't stress enough how important your participation is to the success of this program.

In case you were wondering, we're still looking for some cadets to serve as a writing and editorial staff for this newsletter. Let me know if you are interested.

That's all from me right now. If you have any questions or comments, drop me a line and I'll help where I can.

**Semper Vigilans,**

# CADET PROGRAMS RESOURCE GUIDE

*A catalog of curriculum and support programs for cadets and their leaders*

January 2008



CAP is providing cadets and their leaders with more educational resources than ever before. This guide describes the major educational materials available to support Cadet Programs.

Chances are, more resources are available than you had realized.

The Cadet Team at National Headquarters is constantly updating publications and developing new materials. To see what's in the works, visit the Proving Grounds online at [cap.gov/provinggrounds](http://cap.gov/provinggrounds).

## REGULATORY GUIDANCE

### CADET PROTECTION POLICY

#### CAPR 52-10

The primary regulation governing cadet safety and adult supervision over cadet activities.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

### CADET PROGRAM MANAGEMENT

#### CAPR 52-16

The primary source for authoritative guidance on how to administer the CAP Cadet Program.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

## RESOURCES FOR NEW CADETS

### CADET GREAT START

A 5-week introduction to all aspects of cadet life. Materials include detailed checklists, recipe-like lesson plans, a parents' briefing, training for cadet cadre, and more. It's indoctrination in the best sense of the word.

**Distribution:** Mailed to all cadet units in October 2007; available online at [cap.gov/greatstart](http://cap.gov/greatstart)

### CADET UNIFORM PROGRAM

Outfits a new cadet with an AF-style blues uniform (sans shoes and insignia), provided AF funds are available.

**Distribution:** AAFES supplies the uniforms. For program guidance and FAQs, see [cap.gov/cadets](http://cap.gov/cadets).

### NEW CADET KIT

All the tools new cadets need to get started. Presented in a zip-up binder, the kit includes uniform mini-posters, the leadership and aerospace textbooks, "Top Ten" wallet cards, and "The Next Step" CD. A parents' guide (described below) is also included.

**Distribution:** Mailed to all cadets upon joining CAP. For pictures of the kit and program FAQs, see [cap.gov/cadets](http://cap.gov/cadets).

### PARENTS' GUIDE TO THE CAP CADET PROGRAM

Explains the goals of the Cadet Program and outlines major policies affecting cadets' safety and membership. Also offers ideas on how parents and CAP leaders can work together.

**Distribution:** Included in the New Cadet Kit and available at [cap.gov/parents](http://cap.gov/parents). For the Spanish version, see [cap.gov/padres](http://cap.gov/padres).

## RESOURCES FOR NEW CADET OFFICERS

### CADET OFFICERS' KIT

All the educational materials cadet officers need to continue advancing in the Cadet Program. Includes aerospace textbook, leadership textbook, "The Next Step" CD, and the "Cadet Staff Handbook."

**Distribution:** Mailed to cadets upon earning the Mitchell. For pictures of the kit and program FAQs, see [cap.gov/cadets](http://cap.gov/cadets).



## LEADERSHIP RESOURCES

### AFJROTC DRILL INSTRUCTOR GUIDES

A detailed curriculum for teaching drill and ceremonies. Includes lesson plans, student workbook, slides, and more.

**Distribution:** Online only at [cap.gov/cadets](http://cap.gov/cadets)

### CADET STAFF DUTY ANALYSIS

#### CAPP 52-14

Guidance for cadet officers as they study the staff functions in a CAP squadron. Includes step-by-step instructions on how to prepare a SDA report and complete SDA staff service. Also explains how commanders supervise the program and evaluate the cadets' work.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

### CADET STAFF HANDBOOK

#### CAPP 52-15 **New for 2008**

User-friendly guidance for cadet staff and the adults who mentor them. Includes detailed position descriptions, scalable organization charts, practical tips on planning meetings, counseling cadets, designing a cadet staff, and more.

**Distribution:** Mailed to all cadet units in January 2008. Also included in the Cadet Officer's Kit and available online at [cap.gov/pubs](http://cap.gov/pubs).

### LEADERSHIP FOR THE 21ST CENTURY

The cadets' leadership textbook, in 2 volumes.

**Distribution:** Included in the New Cadet Kit and the Cadet Officers' Kit; available online at [cap.gov/leadership](http://cap.gov/leadership), and available for sale through Vanguard

**Note:** The curriculum is currently being revised, see "Learning to Lead" at [cap.gov/provinggrounds](http://cap.gov/provinggrounds) for details.

### RESPECT ON DISPLAY: HOW & WHY CAP PRACTICES AIR FORCE CUSTOMS & COURTESIES

#### CAPP 151 **Coming Soon**

A user-friendly tutorial and quick reference for cadets and adults who are new to military customs and courtesies like the salute, coming to attention, honoring the flag, and more.

**Distribution:** TBD

### USAF DRILL & CEREMONIES DVD

#### **New for 2008**

Offers authoritative, easy to understand guidance on how to perform dozens of drill and ceremonies movements. The on-screen instructor is an Air Force TI.

**Distribution:** Mailed to all cadet units in January 2008

## AEROSPACE RESOURCES

### AEROSPACE DIMENSIONS

The textbook for Phase I & II cadets, organized in 6 modules.

**Distribution:** Included in New Cadet Kit and available online at E-Services. Also available for sale at Vanguard.

**Note:** A leader guide and a student guide are available online at [cap.gov/cadets](http://cap.gov/cadets).

### AEROSPACE: THE JOURNEY OF FLIGHT

#### **2nd Edition Coming Soon**

The textbook for Phase III & IV cadets; also used by senior members pursuing the Yeager Award.

**Distribution:** Included in the Cadet Officers' Kit and available for sale at Vanguard.

### CADET ORIENTATION FLIGHT SYLLABUS

#### CAPP 52-7

Explains the goals of the cadet flying program and outlines objectives for 5 powered and 5 glider flights.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs). Detailed guidance for program managers is also available at [cap.gov/cadets](http://cap.gov/cadets).

**Note:** A "First Flight Certificate" is available for cadets (request via E-Services).

### MODEL ROCKETRY

Activity guide for rocketeers. Includes step-by-step instructions on how to build, launch, and track model rockets. Cadets' primary reference when pursuing the Model Rocketry Badge.

**Distribution:** Request via email to [ae@cap.gov](mailto:ae@cap.gov), limit 1 per unit. Available online at [cap.gov/cadets](http://cap.gov/cadets).

### SALLY RIDE SCIENCE FESTIVAL

#### CAPP 52-11

Offers guidance for commanders of units supporting a Sally Ride Science Festival.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

## CHARACTER RESOURCES

### FLIGHT TIME: VALUES FOR LIVING

#### CAPP 265-2

The text that supports the cadets' character program. Includes an introduction to the Core Values, case studies for use in monthly forums, and practical tips for chaplains and moral leadership officers.

**Distribution:** Available online at [cap.gov/pubs](http://cap.gov/pubs) and through CAP Chaplain Services.

### UNIT HONOR GUARD PROGRAM

#### CAPP 52-8

Provides detailed guidance on how to conduct cadet honor guard activities.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs). Also see related resources at [cap.gov/cadets](http://cap.gov/cadets).

### MENTORING

#### CAPP 52-6 & CAPP 50-7

Two practical guides to mentoring are available. CAPP 52-6 is geared for cadets, while CAPP 50-7 speaks to seniors.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

## FITNESS RESOURCES

### CADET PHYSICAL FITNESS PROGRAM

#### CAPP 52-18

Addresses nutrition, health, fitness training and fitness testing. Includes instructions for conducting exciting fitness games and drills, explains how to administer the Cadet Physical Fitness Test, and lists CPFT standards. Also outlines individual and unit fitness awards available through CAP and The President's Challenge program.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

## ACTIVITY & AWARD RESOURCES

### CADET ADVISORY COUNCIL HANDBOOK

#### CAPP 52-19

The CAC representative's best resource for starting the term off right, creating meeting agendas, writing proposals, and managing the CAC program. Also includes guidance for the CAC senior advisor.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

### THE CONGRESSIONAL AWARD

Explains how cadets can be recognized by the U.S. Congress if they follow a program of personal growth and volunteer service.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

### NATIONAL CADET COMPETITION

#### CAPM 52-4

The rules of engagement for the National Drill Team Competition and the National Color Guard Competition.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs). Also see [cap.gov/ncc](http://cap.gov/ncc).

### REQUIRED STAFF TRAINING

#### CAPP 52-12

The curriculum for cadets and adults serving on staff at overnight cadet activities that are 4 nights in duration or longer.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs). Slides and videos are available in the training materials section at [cap.gov/cadets](http://cap.gov/cadets).

### SCHOLARSHIPS

CAP offers over \$200,000 in scholarships each year for college and flight training. Cadet officers may also be eligible for a special program with the USAF Academy Prep School.

**Distribution:** See [cap.gov/scholarships](http://cap.gov/scholarships) for details

### SPAATZ AWARD TEST ADMINISTRATOR'S GUIDE

#### CAPP 52-13

A "how-to guide" for the CAP-USAf members who proctor the Spaatz Award exam. Also provides useful information for cadets and commanders curious about Spaatz exam protocols.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

## CADET PROGRAM OFFICER RESOURCES

### CADET PROGRAM OFFICERS' SPECIALTY TRACK STUDY GUIDE CAPP 216

A self-paced training program for cadet programs officers. The guide describes methods for on-the-job training and self study, and includes reading lists, discussion questions, service requirements and knowledge requirements.

**Distribution:** Online at [cap.gov/pubs](http://cap.gov/pubs)

### INVESTING IN AMERICA'S YOUTH CAPP 52.

A strategic overview of the Cadet Program suitable for use during meetings with school principals, elected officials, and other community leaders.

**Distribution:** Request via E-Services. Limit 10 per unit – not to be used for mass market recruiting.

### LESSON PLANS & TRAINING RESOURCES

Dozens of lesson plans, seminar guides, and training resources on all facets of the Cadet Program are available online. "Best practice" submissions are welcome.

**Distribution:** See [cap.gov/cadets](http://cap.gov/cadets)

### ONLINE CADET PROMOTIONS

#### Coming Spring 2008

An electronic system for managing and processing cadet promotions, via E-Services.

**Distribution:** Available at E-Services

### TESTING OFFICERS' QUICK REFERENCE

One-stop shopping for a listing of all cadet tests, including version dates and errata memos. The TCO's best friend.

**Distribution:** Mailed to squadrons as updated.

Download the current version at [cap.gov/cadets](http://cap.gov/cadets).

### TRAINING LEADERS OF CADETS

The premiere professional development course for adults who lead cadets. Course materials include a curriculum guide, detailed lesson plans, slides, a student guide, and online modules.

**Distribution:** Online only at [cap.gov/tlc](http://cap.gov/tlc)

### WING DCP SMART BOOK

A practical guide for wing directors of cadet programs.

Includes tips on running wing-level cadet activities, working with region and national headquarters, advising the wing commander, and meeting wing-level suspenses.

**Distribution:** Via email.

**Note:** New DCPs should inform NHQ of their appointment by emailing [cadets@cap.gov](mailto:cadets@cap.gov).